

Clothes of Salvation



Connect

The Calming Prayer

Adults say: Do you ever get worried about not knowing what is in store for you in the future? Getting worried is a normal feeling, but sometimes it can be so overwhelming that it can stop us from making sound decisions or responding to situations in the right way. Let me teach you how to let go of feeling nervous, worried, or anxious. We are calling this exercise "The Calming Prayer."

To do the calming prayer, what we are going to do is:

1. Take a deep breath through your nose for 6 seconds
2. Hold the breath in for 4 seconds
3. And breathe out through your mouth for 6 seconds

Do this several times until you are calm, then say a quick prayer in the end, asking God to help you deal with the negative emotions you are feeling and trusting Him to overcome whatever situation you may be in.



Read the Word

Today, we are going to look at how the life of Joseph ended and the impact that he made to the Israelites. Let us read these three verses:

"By faith Joseph, when his end was near, spoke about the exodus of the Israelites from Egypt and gave instructions concerning the burial of his bones." Hebrews 11:22

Read Genesis 50:22-26

22 Joseph stayed in Egypt, along with all his father's family. He lived a hundred and ten years 23 and saw the third generation of Ephraim's children. Also the children of Makir son of Manasseh were placed at birth on Joseph's knees.

24 Then Joseph said to his brothers, "I am about to die. But God will surely come to your aid and take you up out of this land to the land he promised on oath to Abraham, Isaac and Jacob." 25 Then Joseph made the Israelites swear an oath and said, "God will surely come to your aid, and then you must carry my bones up from this place."

26 So Joseph died at the age of a hundred and ten. And after they embalmed him, he was placed in a coffin in Egypt."

Exodus 13:19

"Moses took the bones of Joseph with him because Joseph had made the Israelites swear an oath. He had said, "God will surely come to your aid, and then you must carry my bones up with you from this place."

You may think that Joseph felt worried for the lives of his fellow Israelites. However, as we have read in the verses, that is definitely not the case. In fact, despite the uncertainties, Joseph was confident when he said: "God will surely come to your aid and take you up out of this land to the land he promised on oath to Abraham, Isaac and Jacob."

Joseph trusted that God will save the Israelites from slavery and will bring them to the promised land. Joseph even gave instructions on how he wanted his bones to be buried and made his people take an oath to deliver this promise when the time came for them to leave Egypt. True enough, God answered His promise to Joseph's forefathers and the Israelites fulfilled their oath to Joseph when Moses finally took Joseph's bones with him as the Israelites fled from Egypt and settled freely in the land that God had promised.

We can relate this story of salvation to our own lives, too. God, being our good Father, does not want us to leave us in sin and so He made a plan a long time ago to bring salvation to mankind through Jesus Christ. God has given the answer to us: All we have to do is to put our full trust in Jesus and our salvation is secured.



Parent to Kid/s: 2-6 years old

- Do you think you can trust God with anything?
- How can you show your trust in God?

7-12 years old

- What are some of the things that you are worried about?
- Do you trust that God can overcome these worries for you?
- What can you do to make yourself trust in God more?

Kid/s to Parent:

- Can you tell us about a time when you were faced with uncertainty and God delivered you from this situation?
- As a family, what can we do to always remind ourselves that we can trust in God in every season of our life?

Just as Joseph trusted God's promise, we can also trust God. He promised us a Savior and He fulfilled it when He sent Jesus to be born here on earth and later to die for our sins. When we receive Jesus as our Savior, we can safely put on the clothes of salvation and be secured knowing that one day, we will be with God eternally.

Have you put on the clothes of salvation?



Pray

Dear God, thank You for always going before us. We thank You for the gift of salvation. As we continue to love You, we trust that You will take care of us as You have chosen us to do mighty pursuits for Your kingdom. In Jesus' name, Amen.



Discover

Did you know that it took a long time for the Israelites to walk out of Egypt after Joseph spoke about the promise of God? And when we say a long time, we mean a loooooong time! Scholars believe that it actually took 179 years from Joseph's death to his burial in Canaan!

Reference:

Title: How long did it take Joseph's brothers to take his bones to Canaan?

Website title: Bible Q

URL: <http://bibleq.net/answer/3182/>