



# Thomas

## WEEK 3 John 20:24-29



- Would you believe me if I tell you these things?
- You can't hum a tune while holding your nose.
  - You can't sneeze with your eyes open
  - You can't lick your elbows
  - You can't yawn with your mouth closed

Some of you probably tried doing them already as you read them. If you haven't, go ahead, give it a try, and find out for yourself! When we read statements that sound really bizarre or unbelievable, we tend to hold our opinions until we know more or until we see it for ourselves. (Everything's true except for the licking of elbows: There is still a very few number of people who can do that!)

In our story today, Thomas, one of Jesus' disciples would not believe what he heard until he saw it with his own eyes.



John 20:24-29

*24 Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. 25 So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see in his hands the mark of the nails, and place my finger into the mark of the nails, and place my hand into his side, I will never believe."*

*26 Eight days later, his disciples were inside again, and Thomas was with them. Although the doors were locked, Jesus came and stood among them and said, "Peace be with you." 27 Then he said to Thomas, "Put your finger here, and see my hands; and put out your hand, and place it in my side. Do not disbelieve, but believe." 28 Thomas answered him, "My Lord and my God!" 29 Jesus said to him, "Have you believed because you have seen me? Blessed are those who have not seen and yet have believed."*

Jesus knew what Thomas said. He appeared to him so that He can help Thomas with his unbelief.

Do you believe that Jesus rose from the dead even if you have never seen Him? In verse 29, it says:

*"Blessed are those who have not seen and yet have believed."*



**Parent to Kid/s:**

**2-6 years old**

- Do you believe in Jesus even if you don't see him? Why?

**7-12 years old**

- What impossible thing are you believing in God for?

**Kid/s to Parents**

- Have you ever doubted God or His character? Why?

- Have you ever put your faith in God for something that seemed impossible? Tell us about it.

As impossible as it may sound, Jesus did resurrect from the dead. And to differentiate him from those who claim that they have come back from the dead, Jesus is still alive to this day! It is impossible but with God, nothing is impossible.

If you believe in Jesus, this is where your faith hangs - that even if we don't see it, we know it is true! We can be in faith even for the impossible because Jesus overcame death for us.



Dear God,

We repent that sometimes we doubt You because we don't see. Help us to turn our doubts into faith. May your Holy Spirit remind us always that even if we don't see You, we can trust and believe in Your power and character as a Father and our ultimate source of everything. In Jesus' name,

Amen!



Did you know that Thomas was not the only disciple who doubted Jesus' resurrection? In Luke 24:9-11, Mary Magdalene and the other women told the disciples what they saw at Jesus' tomb but the disciples did not believe it because it sounded like nonsense to them.

Thomas was the only one singled out. But the truth is, many of us have doubted God at one time or another. May people have experienced it and it does not make you a bad follower of God. In fact, it can strengthen your faith as it will lead you to search for the answers to your questions.

So, what do you do when in doubt?

Don't be embarrassed or afraid. Speak about them to someone. Look for your answers in God's word and pray about them.