



# BUILD IMMUNITY

**Power Truth**

I will live for God no matter what today's challenges bring.

**Power Verse *Philippians 3:20 NLT***

But we are citizens of heaven, where the Lord Jesus Christ lives. And we are eagerly waiting for him to return as our Savior.

**Word**

**1 *Cornithians 6:19-20 NIV***

*19 Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; 20 you were bought at a price. Therefore honor God with your bodies.*

**BIG IDEA!**

• Let us use our \_\_\_\_\_ to honor God who created, \_\_\_\_\_, and lives in us.

**LET'S DO IT!**

• I will \_\_\_\_\_ my immunity so I can \_\_\_\_\_ God more.

Q	Y	M	Q	F	S	T	A	I	D
B	S	B	S	M	F	S	J	D	M
C	O	N	T	O	O	E	E	M	E
W	O	D	E	P	V	M	G	F	P
Y	U	D	Y	R	E	B	Z	Z	Y
A	C	I	E	E	S	U	L	X	E
N	K	S	D	J	A	I	A	L	K
R	V	E	M	I	B	L	Z	V	C
H	R	O	J	G	H	D	A	S	C
Z	W	N	Z	C	B	G	S	T	L

**HUDDLE TIME**

What can you change about your lifestyle that will help you build your immunity?

**FAMILY CON**

Why do you think you should take care of your body?