



Lips

WEEK 2
Deut 31:1-8



This week, we are going to try and begin a new practice. Some of you may already be familiar with it while others may be learning it for the first time. We are going to learn to say encouraging words to one another.

Parents:

For the next 2-3 days, you will speak only encouraging and hopeful words to your children. Be extravagant in praising and encouraging them whenever they do something praiseworthy. If there is any misbehavior, restrain yourself from speaking harshly to them. You may still discipline them but end with an affirmation of your love for them. The goal is to get in the habit of speaking to build them up rather than pull them down.

Kids:

You must speak kindly to everyone - your parents, your siblings, your friends and everybody else.

After 3 days, let everybody share what they have observed and felt.

- Are there less fights?
- Is everyone happier?
- Is there more peace at home?
- How are people treating one another?

Say: Today, we will read about how we can use our lips to serve God and the people around us.



Let's read Deuteronomy 31:

1 Then Moses went out and spoke these words to all Israel: 2 "I am now a hundred and twenty years old and I am no longer able to lead you. The Lord has said to me, 'You shall not cross the Jordan.' 3 The Lord your God himself will cross over ahead of you. He will destroy these nations before you, and you will take possession of their land. Joshua also will cross over ahead of you, as the Lord said. 4 And the Lord will do to them what he did to Sihon and Og, the kings of the Amorites, whom he destroyed along with their land. 5 The Lord will deliver them to you, and you must do to them all that I have commanded you. 6 Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you."

7 Then Moses summoned Joshua and said to him in the presence of all Israel, "Be strong and courageous, for you must go with this people into the land that the Lord swore to their ancestors to give them, and you must divide it among them as their inheritance. 8 The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged."

At this time, Moses is already in the last days of his life. He had led Israel for a long time and even when he knew he was not going to be able to enter the Promised Land, he continued to lead the Israelites in obedience to God. God wanted him to raise Joshua as the next leader and Moses took time to teach him and encourage him, speaking God's words to remind him of God's promises. It certainly is reassuring to Joshua to hear his predecessor speak such life-giving words. And Moses was able to do this because his heart had always been to follow God.

As we follow and obey God, the more it will be evident in our speech. Our words will be filled with God's truth, instead of fear and doubt. They will be life-giving words instead of hurtful words. God gave us the gift to speak. Let us use it wisely because it can make a difference in a person's life.



Parent to Kid/s:
2-6 years old

- Have you spoken unpleasant words to anyone? Do you want to say sorry to that person?

7-12 years old

- Have you spoken any unpleasant words to anyone lately? How will you make up for it?
- Is there anyone you know who might need to hear some words of encouragement or love? Why not go and speak to them?

Kid/s to Parent:

- How come words are helpful in encouraging us when we are down?
- How do you always know what to say?

It is not easy to always speak encouraging words, especially when we are not sure how to respond or what to say. But we can get in the habit of always asking God to give us the words to say. Why not try it with the members of your family and see how God can use you?



Dear God,

Please help us be filled with Your love, so that we can speak encouraging words to others. Help us to seek You always so that our hearts are filled with goodness, which will pour out of our lips. Use us to serve others through our words. In Jesus' name,

Amen!



Did you know that lips are one of the most sensitive organs in the human body? They have more than a million nerve endings but they do not have any kind of defensive membrane for protection.

Lips do not sweat. That's because lips do not possess sweat glands. Sweat glands play a crucial role in moisturizing the skin and since lips don't have sweat glands they dry out faster than any other part of the body. That is why many of us need to have lip moisturizers.

Also, lips are unique like fingerprints. You will never find two individuals with identical lip impressions.

Source: <https://factslegend.org/20-interesting-lip-facts/>