

**THE PERSON PRIMARILY RESPONSIBLE FOR DISCIPLING YOUR KIDS IS YOU!**

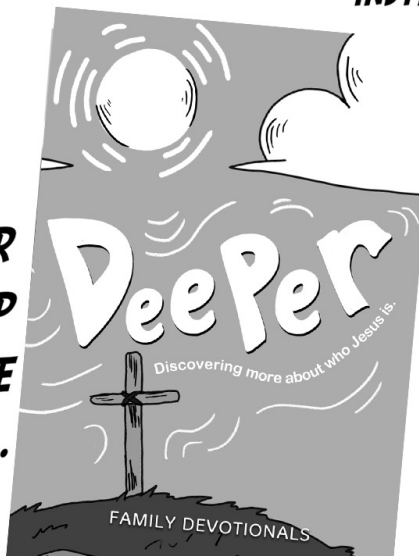


**AND WE ARE HERE TO HELP!**

- **MONTHLY ISSUE**
- **BASED ON THE MONTHLY SERIES IN KIDS CHURCH**
- **FOR KIDS AGES 2-12 YEARS OLD**
- **DESIGNED FOR A ONCE-A-WEEK ACTIVITY WITH YOUR KIDS**
- **EASY-TO-USE: READ IT TO YOUR KIDS AND FOLLOW THE SIMPLE INSTRUCTIONS.**



**IN ORDER TO HELP YOU, WE GIVE YOU...**



**THE FAMILY DEVOTIONAL**

**WE ARE YOUR PARTNERS IN DISCIPLING YOUR KIDS!**

# WEEK 1

Bread of life  
(John 6:22-59)



## Connect

Prepare: One container (pitcher, jug, box, etc), small stones (You can use pieces of paper or different items to represent the “things” to be discussed later if you can’t go outside.), pens or markers

Together with the kids, come up with a list of things that you fill your time with and some positive and negative attitudes or emotions. Examples are books, toys, gadgets, sports, love, joy, forgiveness, anger, envy, selfishness, kindness, humility, etc. Using your markers, write each of the items on your list on the stones or pieces of paper ( one item on each stone or paper)

Say: Imagine this container as your life. These stones (or paper) each represent what we do or feel in our lives. (Start putting the stones or paper in the container one at a time.)

- We fill ourselves with the knowledge the books bring each time we read. (Put “books” in the container.)
- We fill ourselves with sports each time we play our favorite sport. (Put “sports or whatever sport you play” in the container.)
- We fill ourselves with kindness each time we treat others kindly. (Put “kindness” in the container.)
- We fill ourselves with anger each time we get mad at others. (Put “anger” in the container.)

In our lesson today, we will take a look at one of the most important things we can fill our hearts with.



## Read the Word

Have you ever gone a day in school without eating your snacks and lunch? Skipping breakfast and lunch will surely make our bodies weak and tummies ache. We all know that food is one of the basic needs in life. We all eat food to live.

Today, we will talk about JESUS as the BREAD OF LIFE. Let us read John 6.

After Jesus fed the five thousand (John 6:1-15), the people began looking for Jesus for more bread.

*John 6:25-26*

*25 When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" 26 Jesus answered them, "Truly, truly, I say to you, you are seeking me, not because you saw signs, but because you ate your fill of the loaves.*

*Jesus met their basic need and that was food. Little did they know that there's something they need more than food that only Jesus can offer.*

*John 6:32-40*

*32 Jesus then said to them, "Truly, truly, I say to you, it was not Moses who gave you the bread from heaven, but my Father gives you the true bread from heaven. 33 For the bread of God is he who comes down from heaven and gives life to the world." 34 They said to him, "Sir, give us this bread always." 35 Jesus said to them, "I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst. 36 But I said to you that you have seen me and yet do not believe. 37 All that the Father gives me will come to me, and whoever comes to me I will never cast out. 38 For I have come down from heaven, not to do my own will but the will of him who sent me. 39 And this is the will of him who sent me, that I should lose nothing of all that he has given me, but raise it up on the last day. 40 For this is the will of my Father, that everyone who looks on the Son and believes in him should have eternal life, and I will raise him up on the last day."*

The people were all looking for Jesus because Jesus gave them bread to fill their tummies. But Jesus used this opportunity to teach them. He explained that bread alone will not satisfy their deepest need. Rather, they need to believe in Him so that they can have eternal life.

Jesus points to Himself as the bread of life - the ultimate bread that we will ever need, the only one who can save us from our sins and give us eternal life. More than just filling our tummies, Jesus wants to fill our soul and spirit - to restore us back to God and have eternal life with Him.



#### **Parent to Kid**

##### **2-6 years old**

- Why do you think we need food to live?
- What happens if you don't eat?

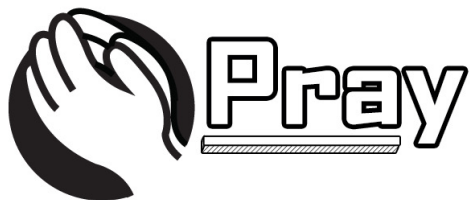
##### **7-12 years old**

- If all the yummy food in the world were laid out in front of you, which food would you choose? Why?
- Do you know that some types of food are good for you while others are bad for you? Which would you choose? Why?

## Kid to Parent

- Have you received the Bread of life, Jesus?
- (This is a good time to lead your kids to receive Jesus as their Savior if they are ready.)

We all need food to live and keep us going. However not all foods are good for us. Some will destroy our bodies the more we eat them. Just like our physical bodies, our spirit needs food too and we get to decide what kind of food we feed our spirit. We can feed it with “unhealthy food” (the things from this world) or with the food that brings eternal life, Jesus.



Dear Lord,

I acknowledge that more than the food that I eat, I need Jesus the true bread of life that will never leave me hungry and thirsty in spirit. Thank you for the eternal life you have made available for me and all mankind. I pray that I will always remember to obey and love you more each day. In Jesus Name,

Amen.



Do you know that aside from bread, Jesus also identified himself with other things?  
Check these out:

1. I AM the light of the world. John 8:12, 9:5
2. I AM the gate. John 10:7
3. I AM the good shepherd. John 10:11-14
4. I AM the resurrection and the life. John 11:25
5. I AM the way, the truth and the life. John 14:6
6. I AM the true vine. John 15:1-5

Jesus used these illustrations to help us better understand who He is.

