

Instructions: Use your non-dominant hand to do the tasks described below. Right-handed people will use their left hands while left-handed people will use their right hands.

Activities:

- Write your name.
- Draw your favorite animal.
- Brush your teeth.
- Roll a piece of paper into a ball and use your non-dominant hand to throw it into the trash can from a distance.

Ask: Was that easy or hard? Do you prefer using your dominant or non-dominant hand?

Whether it's the right or left hand, we use our dominant hand to do a lot of the things we do everyday. And it does not matter which one it is because that is how God created us.

The character in our story today is left-handed. Let's check out how God used him to save the Israelites.



Read the Word

Our story is from Judges 3:12-30. The Israelites were under the rule of Moab and its king, King Eglon. God sent a deliverer to Israel. His name was Ehud and he was left-handed.

What's so special about Ehud? Historically, people always favored the right hand over the left hand. In fact, in those days, when someone is left-handed, they were considered an oddity or even disabled.

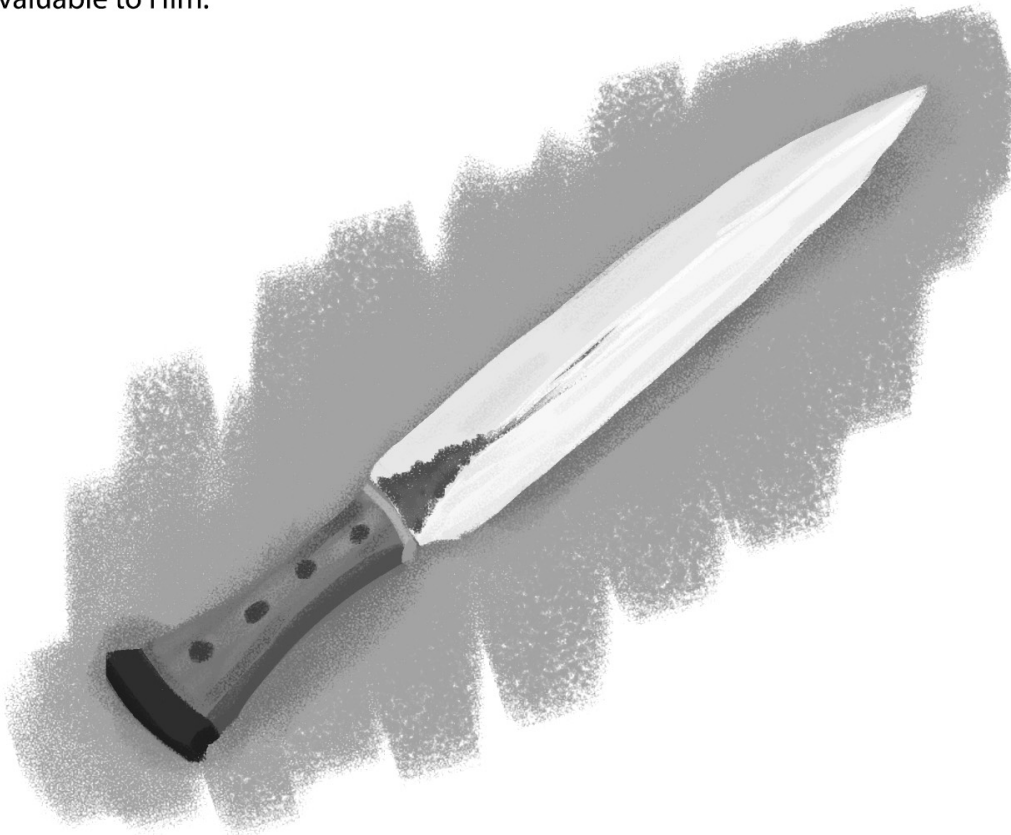
So, why do you think God chose a disabled person to deliver Israel from the Moabite king?

Ehud was sent to bring tribute money to King Eglon. Before he left, he made a sword with two edges and was about 18 inches long. He tied it to his right upper leg under his clothes.

V 20-23 "... Ehud said (to King Eglon), "I have a message from God for you." As the king stood up from his chair, Ehud reached with his left hand. He took out the sword that was tied to his right upper leg. Then he stabbed the sword deep into the king's belly! The sword went into Eglon's belly so far that even the handle sank in. And the blade came out his back. The king's fat covered the whole sword. So Ehud left the sword in Eglon. He went out of the room and closed and locked the doors behind him.

Ehud killed the king using his left hand. It was something unimaginable at that time - that a disabled person would be the one to kill their enemy! Surely there were other able-bodied men in Israel, but God chose someone who was disabled. God did not see his disability as a hindrance to deliver Israel.

As God used Ehud, God also wants to use you for His kingdom. Sometimes we are so consumed by what we see in the mirror but God sees beyond all of that and despite our weaknesses, we are valuable to Him.





Parent to Kid/s:

2-6 years old

- Even at your young age, what can you do to help other people?

7-12 years old

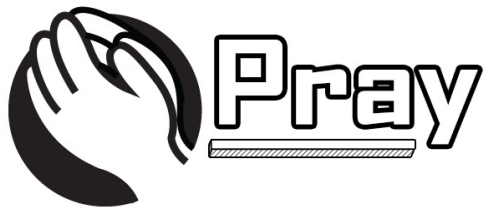
- Is there anything you want to do but you are afraid of trying? Tell us about it.

Kid/s to Parent:

- Have you ever doubted if God will use you in any way? What happened?

No matter how weak or strong we think we are, or whether we see any imperfection in ourselves or not, God sees beyond all of that and He is able to use us anyway. Let's ask God to help us see beyond ourselves and let's rely on Him as He uses us for His purposes.

**RELY
ON
GOD**



Dear God,

Thank you for creating me the way I am. I'm sorry if sometimes I don't like the way I am. Please help me to see myself the way you do and teach me to rely on You for strength.

In Jesus' name, amen!



We are all familiar with the Olympic Games, where different athletes compete in different sports.

But do you know that there are special Olympics for people with disabilities?

- Paralympic Games are for athletes with physical disabilities like limb deficiency, blindness, and mobility disability. You can watch some of their videos here: <https://www.paralympic.org/watch>
- Special Olympics World Games are for athletes with intellectual disabilities. Check out some of the athletes here: <https://www.jointherevolution.org/50-game-changers>
- Deaflympics are for deaf athletes. You can check them out here: <https://www.youtube.com/watch?v=F9Y5AArjkY>

Despite their disabilities, these athletes train hard and play in sports that most people will think they are no longer capable of playing. They did not allow their disabilities to define what they can do.

How about you? Do you have a "disability" that is holding you back? Whatever it is, trust God to give you strength to press on!

